Nursing Students & Nutrition at Khowhemun Elementary School

At Khowhemun Elementary school, we are working with students to facilitate better nutritious decisions. We are doing so by providing them with hands on experience such as: gardening, cooking, and educating them on the benefits of nutritious foods. Our role as nursing students is to collaborate with teachers, students, and community members to implement upstream measures to facilitate healthy growth and development.

Sample Inquiry Questions
1. How does inadequate nutrition affect the children’s ability to learn?
2. What are the children’s understanding of proper nutrition?
3. Will hands on experience contribute to a better understanding of nutrition?