

Dates and Deadlines

Tuition Bursary

- **Deadline** October 31st - tuition bursaries of \$300-\$500 to be applied directly to tuition fees for the spring 2004 semester.

Career & Academic Upgrading

- **October 31:** Last day for penalty-free withdrawal from courses
- **November 11:** Remembrance Day - campus closed
- **November 14:** First day to submit applications for Fall 2004 University and Career/Technology programs

University & Career/Technology

- **October 17:** Last day to apply for BC Student Assistance for students attending Fall semester
- **November 3:** Students with outstanding fees owing will be "de-registered" from Fall and Spring courses
- **November 11:** Remembrance Day—campus closed
- **November 14:** First day to submit applications for Fall 2004 University and Career/Technology programs

New Mag on Campus

Xtra West, the gay and lesbian newsmagazine, is now available at the Cowichan Campus. Published in Vancouver, Xtra West has articles of interest to members of the gay, lesbian, bisexual and transgender community throughout British Columbia. You can pick up a copy of this free biweekly newsmagazine in the Library. Look for it on the coffee table next to the Navigator.

First Nations News

Caroline Alphonse (Elder-in-Residence) and Yvonne Connelly (First Nations Student Support) both have offices in Student Services. Drop by or make an appointment to see them about educational and cultural issues...they are a goldmine of information and support!

Starting on November 4, and running every Tuesday from 12-1, Yvonne will be offering a First

Nations study support group. Drop by Room 127 and check it out. Sometimes it is nice to study with others and to have some extra help!

Learning Skills

The wonderful thing about learning skills is that they can be learned! If you are like most students, you work hard but always seem to be running out of time. Maybe you need to do things differently! Why not sign up for a learning skills session with Arleigh Trail. She can show you different ways of making notes, organizing materials and information, preparing for tests, working on essays, and learning about your own way of learning.

Arleigh is available for one-on-one learning skills counselling on Wednesdays from 10:30-12:30. You can sign up by on the daily schedule that is on the bulletin board outside the Learning Centre (Room 131). If Wednesday mornings don't work for, drop by Arleigh's office (across from Information) and see about setting up a different time.

Free Workshops!

- ✓ **Salvage Your Semester**
Friday, October 24, 12-1
Learning Centre: Room 131
Presented by Donna Kurulak
- ✓ **Exam Anxiety**
Tuesday, November 4, 12-1
Learning Centre: Room 131
Presented by Gillian Reece
- ✓ **Exam Prep**
Thursday, November 6, 12-1
Learning Centre: Room 131
Presented by Arleigh Trail

Free Clothes!

Yvonne Connelly is organizing another Clothing Event. Come to Room 130 on Tuesday, October 21, to pick up a new outfit or two for yourself and your family. Donations will be accepted starting October 14 in Student Services. If you want to help out, contact Yvonne at Student Services.

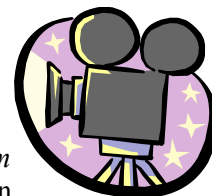


Free Books!

The Volunteer Tutors of Cowichan Campus invite you to an Open House. Come to the Learning Centre's Open House on Tuesday, October 30 between 10 and 1:30 and pick up some free books, have some refreshments and meet some tutors. Donations for the book drive can be dropped off in the Learning Centre.

Free Films!

Third Thursday Film Night will happen on October 16. This month's film (What's Cooking: USA) tells the story of four families of different ethnic backgrounds getting together to celebrate Thanksgiving. Join Tapestry (Cowichan Valley Intercultural and Immigrant Aid Society) and Student Services (Cowichan Campus) in celebrating diversity! Room 162 - doors open at 5:45. A facilitated discussion to follow viewing of the film.



Free Readings!

- Hometown hero Tom Henry (author of *Dogless In Metchosin* and *Small City In A Big Valley*), and UVic writing prof Lorna Jackson (*A Game To Play On The Tracks*) will read from their work as part of the Cowichan Campus Reading series on Wednesday, October 15, 12:30 in Room 206.
- Nova Scotia poet Douglas Burnet Smith will read from his new book of poetry, *Helsinki Drift* on Wednesday, October 22 at 12:00 in Room 205.

Free and open to the public. Sponsored by Malaspina University College and the Canada Council.

Library Footnotes

Materials: The materials you see in the Cowichan Campus Library are only a fraction of the information resources that are available to you. You can request items online from Nanaimo and Powell River, but you need to plan for delivery time (Nanaimo: 2 days/Powell River: 5 days).

You can also request books and periodical articles from outside Malaspina. Library staff will be pleased to show you how to access and fill in the online interlibrary loan request forms. The earlier you begin your research, the better we will be able to help you. Most books requested on interlibrary loan take about two weeks to arrive. Periodical articles usually take several days.

To do photocopying in the library, you need to buy a photocopy card from the library desk. These are available in various amounts. Photocopies are 8 cents a page; a \$2 card buys you 25 copies.

The library also circulates audio-visual equipment, but there is a lot of demand, so you need to book ahead. Enter the details in the bookings ledger on the Loan Desk. You will need to sign out the equipment with your library card.

Check out the library's homepage: www.mala.bc.ca and be sure to ask for help if you need it when you are in the library.

Student Union

Did you know that there is **no student rep** here at Cowichan Campus? Do you care? If so...why not meet with others who care and try to make something happen here?

One student who cares is planning on conducting a survey to find out how students here want to spend the student activity dollars that are available. She will try to visit all classrooms to briefly discuss this issue. So...start thinking about these questions:

- How do you want YOUR money spent?
- What activities would you like to see available on campus?
- Do you want the money spent on the occasional meal? Is pizza the meal you want?
- Do you want to get involved?

Upcoming Classes in Community Programming

- Oct 18-19 Cashier Training
- Oct 18-19 Traffic Controller: Flagperson
- Nov 2 Occupational First Aid: Level 1
- Oct 27 & Nov 24 Master Gardener Info Session
- Oct 28 Lifting and Transferring Skills

For more information or for complete course listings, drop in to the Community Programming Office in Building 602 or call 746-3519.

Volunteers Needed

Volunteers are needed to assist with family fun events at the Cowichan Valley Museum in the Duncan Train Station.

Events include:

✓ **Hallowe'en Event:** Saturday, October 25, 11 am - 5 pm for 2-3 hour shifts assisting families with pumpkin decorating, snap apple and apple ducking, candy decorating, face painting, scavenger hunts, etc., plus set up and take down and barbecue assistance.

✓ **Christmas Event:** Friday, November 28, 5 pm - 8 pm for similar activities as noted above for Duncan's Light-Up Night.



To volunteer for one or both events, call Moe at the Museum, 746-6612 or email cvm_chin@island.net



Walking the Talk of Health Promotion Conference

The BC Health Promotion Coalition is sponsoring a day of health and wellness events. Dr. Trevor Hancock, Health Futurist and Public Health Physician and Dr. Lara Lauzon, PHD, Physical Education, UVIC, are the keynote speakers. Health promotion sessions and displays, health-affirming lunch and nutrition breaks are included in this day of health promotion on Thursday, October 16, 8:30 am - 4 pm. Cost is \$20 for individuals and \$17 for a group of 10 or more.

October 2003				
MON	TUE	WED	THU	FRI
		1 10% late fee added to unpaid fall tuition.	2	3
6	7	8	9	10
13 Thanksgiving - College closed 	14	15	16 6:00 pm Free Film Night Room 162 "What's Cooking" 	17 Last day to apply for a student loan for fall semester.
20 	21 Free clothing exchange today 10-2 pm in Rm 130	22	23	24 Salvage Your Workshop: 12-1 i Centre today 
27	28 Last day for penalty-free withdrawal from Fall semester classes	29	30 	31 Tuition Bursary <u>deadline</u> today! Last day to pay overdue fall tuition before withdrawal from all classes!