

STRATEGIES TO SUPPORT ADHD LEARNERS IN THE CLASSROOM

ATTENTION DEFICIT HYPERACTIVITY DISORDER



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WHY ?

As per the inclusion policies, children with ADHD are taught in mainstream schools. Hence, teacher act as the ultimate key to educational change (Braude and Dwarika, 2020). In order to enhance the learning of students with ADHD, teachers' perceptions, attitudes, knowledge and understanding of the disorder play a significant role (Mohammed, 2018).

The research-based strategies and standards-aligned instruction if successfully employed in the classroom environment can prove teaching to be an exciting, creative, and invigorating practice (DeRuvo, 2009).

STRATEGIES

CLASSROOM MANAGEMENT METHODS
This method entails various classroom approaches and techniques such as classroom structures, management of discipline, classroom support strategies and physical intervention strategies.

- ❖ Learners with ADHD to seat in front of row to avoid distractions.
- ❖ Electronic whiteboards to highlight day's schedule.
- ❖ Visual indication and step-by-step guidance card for classroom activity (Villiers and Barnard, 2022).



STRATEGY TO TEACH APPROPRIATE BEHAVIOR
Social-story strategy includes step-by-step directions and with the help of descriptive sentences a child's behavior can be directed to a appropriate response. This strategy is highly useful for students with ADHD to learn the skill targeted in the social story (Lougy et al., 2007).

USING CUES, QUESTIONS AND ADVANCE ORGANIZERS

- ❖ Using cues can hint students about what is going to be taught and engage their interest in the lesson
- ❖ Related pictures and questions also enhance their interest.
- ❖ Advance organizers help student to focus on what is important if they are presented before learning experience and used throughout the process to guide important topics and key-words (DeRuvo, 2009).

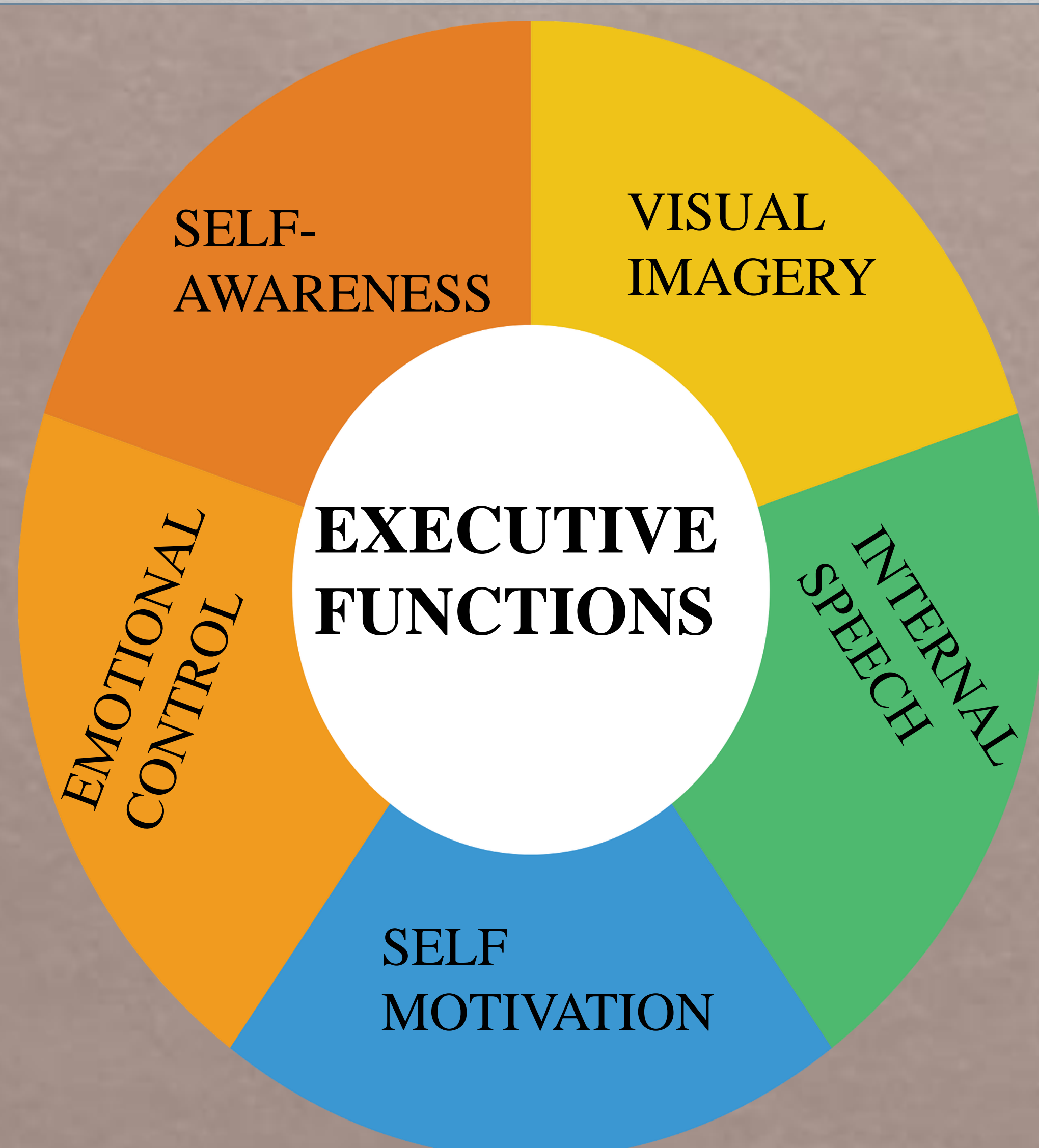


What is ADHD and how educators can adopt simple strategies in classroom in order to enhance learning of students with ADHD?

ADHD is a neuro-genetic disorder affecting child's development of self-regulation. Self-regulation can be explained as:

- ❖ Any action we direct at ourselves.
- ❖ That helps to change our behavior.
- ❖ That changes the likelihood of a future event (Barkley, 2020)

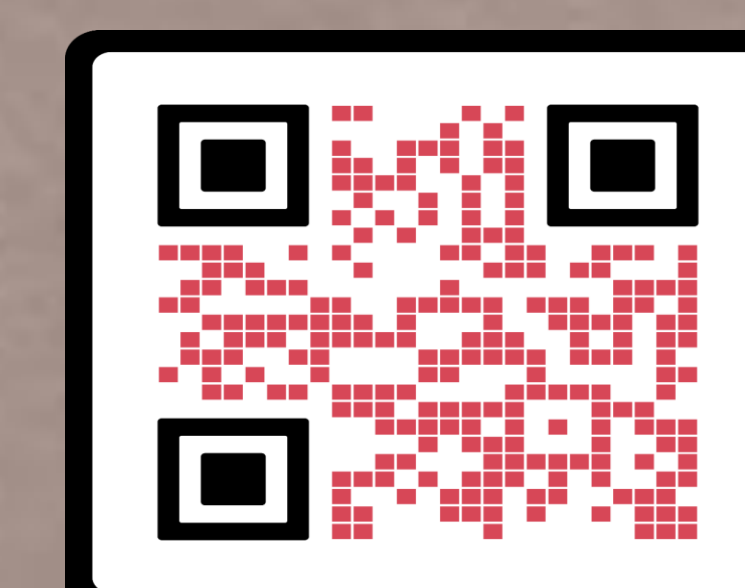
ADHD may impair the development of executive functions. Academic support strategies are used to assist learners living with ADHD who experience academic difficulties (Villiers and Barnard, 2022).



(Barkley, 2020)

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