A SOUVENIR COOKBOOK
OF PIONEER RECIPES
DONATED BY OLD TIMERS
AND NATIVES OF B.C.
THE PIONEER SECTION

Contributed by Pioneers of the Cariboo and B.C.
INDEX

Bannocks .................. 7
Berries .................. 24
Beverages ................. 31
Biscuits .................. 6
Breads .................... 8
Butter ..................... 10
Cakes ..................... 15
Cookies ................... 16
Eggs ....................... 17
Homestead Hints .......... 32
Medicines ................. 42
Witch Doctor .............. 49
Pancakes .................. 11
Pies and Puddings ....... 13
Scones .................... 14
Tanning ................... 41
Town Plug .................. 51
Vegetables ................ 18

Illustrated and
Copyright by Gwen Lewis 1957