The Butterfly Effect in Senior’s Care Home Facilities

What is the Butterfly Effect?
- Bring Life Back to Senior Care Homes & Remove the Institutionalization Feeling
- Fun & Positive Environment
- Improves Lives
- Eliminate Stress & Anxiety

Reasons For the Butterfly Effect
- Reduces Symptoms
- Add Positivity to Their Lives
- Enhance Everyone Lives (Residents, Families and Friends, and Employees)
- Reduce Violence Within the Care Homes

Ways to Stay Positive
- Avoid Looking for the Negative
- Surround Yourself with Positive People
- Be More Willing to Forgive Others
- Regularly Make Goals
- Be Willing to Accept Change

Facts
- Positivity can increase a person’s life by 7.6 years (Milner, 2007)
- Seniors with a Positive Attitude are 50% Less likely to Develop Dementia
- Colourful Walls & Images Make Halls Easier to Navigate for the Residents

Music Therapy
- Helps with Alzheimer’s
- Manages many medical conditions
- Changes mood, relaxes and energized
- Personal cultural music is the strongest

Employees Side
- Decreases Potential Injuries for Employees
- Creates Bonds Between the Residents and Employees
- Relaxes and Allows Them to Have Fun